

HEYDALUR



STARTERS

All starters are served with bread and butter.

Heydal's Soup 1500 kr

Ginger, curry, tomatoes, coconut milk, garlic, onion

Vegan

Cream of Fish Soup 2200 kr

Fish, lobster, shrimps, garlic, cream

Passion Strips à la Matthías 2000 kr

Smoked lamb served with melon balls and blueberry sauce

Smoked Puffin with Sesame Sauce ... 2000 kr

Locally caught puffin served with melon balls and blueberry jam

Arctic Charr Rose on Salad 2000 kr

Cognac cured trout served with salad and mustard sauce

CHILDREN MENU

Sliced Sandwich 1200 kr

Whole bread with cheese, ham and mustard sauce

Meat Lasagne 1800 kr

With beef, pasta sauce and vegetables

Spaghetti Bolognese 1800 kr

With beef, tomato sauce and parmesan cheese

VEGETARIAN COURSES

The Gardeners Vegetable Patties ... 2500 kr

Home-made patties made with onion, curry, rice, carrots, egg and cheese, served with fresh salad, mixed vegetables and crème fraîche sauce

Vegetable Bake 2500 kr

Broccoli, celery, tomatoes, egg, creme fresh, mozzarella and blue cheese, served with fresh salad

Veggie Lasagne 2500 kr

Carrots, onion, garlic, zucchini, celery root and tomatoes, served with fresh salad

Vegan patties and lasagne are available

SIDE DISHES

Salad 500 kr

Rosemary Potatoes 500 kr

D I N N E R

HEYDALUR



FISH

Salted Fish from the Westfjords 3700 kr

Cod with sweet and sour onion and pepper, served with rice, fresh salad, raisins and sun-dried tomatoes

Fresh Trout from Heydalur 4000 kr

- Pan-fried with salt and pepper
- Oven-baked with pesto
- Oven-baked with mango chutney and pine nuts
- Oven-baked with blue cheese
- Oven-baked with soya, chili, garlic and ginger

Choose how you would like to have your trout

Served with fresh salad and rosemary potatoes

Salmon from Heydal's River 5000 kr

Oven-baked with fresh salad and rosemary potatoes

Only from August to September, depending on the catch of the day

MEAT

Heydal's Burger 2800 kr

Beef, bacon, cheese, vegetables, hamburger sauce, barbecue sauce, served with fresh salad and rosemary potatoes

Traditional Icelandic Meat Soup 2500 kr

Lamb and vegetables, served with bread and butter

Chicken Breast filled with Spinach and Cheese 3300 kr

Oven-baked chicken breast filled with spinach, red onion, mushrooms and cheese, served with rice and fresh salad

Valley of Adventure Lamb Stew 3500 kr

Lamb, curry, leek, carrots and banana, served with fresh salad and rice

Lamb Fillet with Wild Mushroom Sauce 5500 kr

Spiced lamb served with root vegetables, spinach, pecan nuts and fresh salad